



AVON AREA British Judo Council



Autumn course 2018

Venue: Kobushi Judo Club
Begbrook Primary Academy
Begbrook Drive
Bristol
BS16 1HG

Time: 10.00 – 16:00
Lunch (Not Included): 12:45 – 13:30
Check in from: 09:30

Mat Fees:	
Under 16	£16.00
Seniors	£20.00

Date: Saturday 29th September 2018

GUEST COACHES:

Sensei Paul Tiley – BJA 6th Dan

- Member of the Great Britain squad from 1981 to 1986
- Established Bath Judokwai in 1994 and was Senior coach until 2015

Sensei Debbie Small – BJC 3rd Dan

- World Veterans championships medallist
- 2018 European Veterans Champion

This event is an excellent general teaching course with the opportunity to learn from two coaches with a wealth of experience. A current BJC, BJA or AJA judo licence **must** be shown when checking in, please ensure all Judogi comply with BJC regulations where possible.

Timetable (Approximate):

09:30 – 10:00	Check in & registration
10:00 - 12:45	General Judo Coaching
12:45 - 13:30	Lunch break
13:30 - 16:00	General Judo Coaching
16:00	Formal close of course

If you have any queries please contact Matthew Hope on:

Mobile: 07986508957 Weekday evenings from 18:00 or weekends

Email: matt.hope@katanajudokai.co.uk

Please send all entry forms and mat fees to:
Matthew Hope, 174 Hillside Road, St George, Bristol, BS5 7PR.



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Primary /Junior

Name of Judoka:.....

Senior

Grade:.....Club.....Club Coach:.....

Any medical conditions? Yes / No

Any medication taken / needed? Yes / No

Any allergies? Yes / No

If you have answered yes to any of the above please provide details:

Any other relevant information that we may need to know (E.G.: special needs)

Emergency contact 1:

Name:..... Relationship to judoka:.....

Telephone number:..... Home/Mobile (delete as appropriate)

Emergency Contact 2:

Name:..... Relationship to judoka:.....

Telephone number:..... Home/Mobile (delete as appropriate)

I am aware of and give permission for photographs and / or videos to be taken of all or parts of the course

Signed: Judoka (if aged 18+)

Signed: Parent / guardian (if judoka under 18)

Closing date for entries: Saturday 22nd September 2018 or when entry is full.

Please note that this is a small course with a limit of 75 judoka

Method of payment:

Cheque enclosed (payable to **Avon Area BJC**)

Cash on the day (Please do not send cash in the post)